



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Smeibidl, Frank

Club: Erfurt  
Number: 271

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:11:53

Speed: 11.69 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 68 (of 270)

Rank in course/Men: 65 (of 210)

Best time in course: 50:35

Rank in category: 5(of 17)

Best time in the category: 55:48