



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Franke, Michael

Club: SV Witterda
Number: 12

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:13:29

Speed: 11.43 km/h
Running performance: 5:15 min/km

Rank in course/Total: 78 (of 270)

Rank in course/Men: 75 (of 210)

Best time in course: 50:35

Rank in category: 17(of 52)

Best time in the category: 55:26