



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Franke, Michael**

Club: SV Witterda  
Number: 12

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:13:29

Speed: 11.43 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 78 (of 270)

Rank in course/Men: 75 (of 210)

Best time in course: 50:35

Rank in category: 17(of 52)

Best time in the category: 55:26