



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Kraft, Daniel**

Club: Erfurt  
Number: 239

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:13:57

Speed: 11.36 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 82 (of 270)

Rank in course/Men: 79 (of 210)

Best time in course: 50:35

Rank in category: 8(of 17)

Best time in the category: 55:48