



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Liebau, Holger

Club: Tunzenhausen
Number: 254

Course: 14.00 km
Hauptlauf

Category:
Männer M30

Total time: 1:15:41

Speed: 11.10 km/h
Running performance: 5:25 min/km

Rank in course/Total: 94 (of 270)

Rank in course/Men: 89 (of 210)

Best time in course: 50:35

Rank in category: 9(of 17)

Best time in the category: 55:48