



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Ellinger, Dirk

Club: Döllstedt  
Number: 219

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:16:42

Speed: 10.95 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 101 (of 270)

Rank in course/Men: 93 (of 210)

Best time in course: 50:35

Rank in category: 16(of 28)

Best time in the category: 54:17