



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Bönewitz, Uwe**

Club: jk running  
Number: 25

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:17:22

Speed: 10.86 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 105 (of 270)

Rank in course/Men: 97 (of 210)

Best time in course: 50:35

Rank in category: 23(of 52)

Best time in the category: 55:26