



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Menge, Andreas

Club: NW Team Luisenthal
Number: 242

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:17:25

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 107 (of 270)

Rank in course/Men: 99 (of 210)

Best time in course: 50:35

Rank in category: 24(of 52)

Best time in the category: 55:26