



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Lüdtke, Steffen

Club: VSC 05  
Number: 258

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:19:05

Speed: 10.62 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 129 (of 270)

Rank in course/Men: 118 (of 210)

Best time in course: 50:35

Rank in category: 18(of 28)

Best time in the category: 54:17