



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Dudek, Harald

Club: LSV Lok Arnstadt
Number: 142

Course: 14.00 km
Hauptlauf

Category:
Männer M60

Total time: 1:19:14

Speed: 10.60 km/h
Running performance: 5:40 min/km

Rank in course/Total: 131 (of 270)

Rank in course/Men: 120 (of 210)

Best time in course: 50:35

Rank in category: 6(of 10)

Best time in the category: 58:49