



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Dudek, Harald**

Club: LSV Lok Arnstadt  
Number: 142

Course: 14.00 km  
Hauptlauf

Category:  
Männer M60

Total time: 1:19:14

Speed: 10.60 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 131 (of 270)

Rank in course/Men: 120 (of 210)

Best time in course: 50:35

Rank in category: 6(of 10)

Best time in the category: 58:49