



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Herschel, Andreas

Club: Neustadt  
Number: 167

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:22:56

Speed: 10.13 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 161 (of 270)

Rank in course/Men: 146 (of 210)

Best time in course: 50:35

Rank in category: 37(of 52)

Best time in the category: 55:26