



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt
Number: 144

Course: 14.00 km
Hauptlauf

Category:
Frauen W45

Total time: 1:24:29

Speed: 9.94 km/h
Running performance: 6:02 min/km

Rank in course/Total: 176 (of 270)

Rank in course/Women: 19 (of 59)

Best time in course: 1:04:31

Rank in category: 7(of 14)

Best time in the category: 1:15:36