



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Pudell, Katrin**

Club: Melexis Running Ladies  
Number: 118

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:25:43

Speed: 9.80 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 184 (of 270)

Rank in course/Women: 23 (of 59)

Best time in course: 1:04:31

Rank in category: 8(of 14)

Best time in the category: 1:15:36