



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Illhardt, Uwe

Club: Gotha  
Number: 121

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:26:39

Speed: 9.69 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 192 (of 270)

Rank in course/Men: 167 (of 210)

Best time in course: 50:35

Rank in category: 42(of 52)

Best time in the category: 55:26