



9. Kirschlauf
Kleinfahrer / 14.06.2009

Detailed evaluation

Holzappel, Thomas

Club: SWE Laufteam
Number: 75

Course: 14.00 km
Hauptlauf

Category:
Männer M30

Total time: 1:31:40

Speed: 9.16 km/h
Running performance: 6:33 min/km

Rank in course/Total: 220 (of 270)

Rank in course/Men: 182 (of 210)

Best time in course: 50:35

Rank in category: 16(of 17)

Best time in the category: 55:48