



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Zscharnt, Holger

Club: SWE Laufteam
Number: 73

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:33:32

Speed: 8.98 km/h
Running performance: 6:41 min/km

Rank in course/Total: 228 (of 270)

Rank in course/Men: 187 (of 210)

Best time in course: 50:35

Rank in category: 24(of 28)

Best time in the category: 54:17