



9. Kirschlauf  
Kleinfahrer / 14.06.2009

## Detailed evaluation

Ellenberg, Horst

Club: Gotha  
Number: 188

Course: 14.00 km  
Hauptlauf

Category:  
Männer M70

Total time: 2:22:59

Speed: 5.87 km/h  
Running performance: 10:13 min/km

Rank in course/Total: 262 (of 270)

Rank in course/Men: 203 (of 210)

Best time in course: 50:35

Rank in category: 5(of 6)

Best time in the category: 1:21:37