



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Gayer, Jutta

Club: TSV MA - Schönau

Number: 312

Course: 5.57 km

6 km Run

Category:

Frauen W45

Total time: 28:45

Speed: 10.43 km/h

Running performance: 5:10 min/km

Rank in course/Total: 64 (of 158)

Rank in course/Women: 5 (of 54)

Best time in course: 25:46

Rank in category: 1(of 7)

Best time in the category: 28:45