



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Brauch, Matilde

Club: Mannheim

Number: 372

Course: 5.57 km

6 km Run

Category:

Frauen W40

Total time: 30:16

Speed: 9.91 km/h

Running performance: 5:26 min/km

Rank in course/Total: 75 (of 158)

Rank in course/Women: 9 (of 54)

Best time in course: 25:46

Rank in category: 3(of 11)

Best time in the category: 29:20