



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Döbbling, Birgit

Club: LG MuLi

Number: 318

Course: 5.57 km

6 km Run

Category:

Frauen W50

Total time: 30:18

Speed: 9.90 km/h

Running performance: 5:26 min/km

Rank in course/Total: 76 (of 158)

Rank in course/Women: 10 (of 54)

Best time in course: 25:46

Rank in category: 1(of 7)

Best time in the category: 30:18