



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Moll, Marlene

Club: Mannheim

Number: 352

Course: 5.57 km

6 km Run

Category:

Frauen W20

Total time: 30:38

Speed: 9.79 km/h

Running performance: 5:30 min/km

Rank in course/Total: 80 (of 158)

Rank in course/Women: 13 (of 54)

Best time in course: 25:46

Rank in category: 4(of 10)

Best time in the category: 26:53