



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

#### Renpening, Arthur

Club: Lampertheim

Number: 202

Course: 5.57 km

6 km Run

Category:

Männer M20

Total time: 30:42

Speed: 9.77 km/h

Running performance: 5:31 min/km

Rank in course/Total: 82 (of 158)

Rank in course/Men: 68 (of 104)

Best time in course: 20:14

Rank in category: 6(of 8)

Best time in the category: 20:14