



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Kapp, Phillip

Club: Waldschule Mannheim

Number: 265

Course: 5.57 km

6 km Run

Category:

männliche Jugend B

Total time: 30:59

Speed: 9.68 km/h

Running performance: 5:34 min/km

Rank in course/Total: 85 (of 158)

Rank in course/Men: 70 (of 104)

Best time in course: 20:14

Rank in category: 5(of 11)

Best time in the category: 22:35