



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Dyx Herrera, Mayra

Club: Familie

Number: 290

Course: 5.57 km

6 km Run

Category:

Frauen W30

Total time: 31:09

Speed: 9.63 km/h

Running performance: 5:35 min/km

Rank in course/Total: 87 (of 158)

Rank in course/Women: 17 (of 54)

Best time in course: 25:46

Rank in category: 2(of 7)

Best time in the category: 25:46