



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Vetter, Bruno

Club: Mannheim

Number: 223

Course: 5.57 km

6 km Run

Category:

Männer M40

Total time: 31:11

Speed: 9.62 km/h

Running performance: 5:36 min/km

Rank in course/Total: 88 (of 158)

Rank in course/Men: 71 (of 104)

Best time in course: 20:14

Rank in category: 11(of 16)

Best time in the category: 21:27