



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schuck, Matthias

Number: 712

Course: 11.30 km

11,3 km Run

Category:

Männer M35

Total time: 41:10

Speed: 16.03 km/h

Running performance: 3:38 min/km

Rank in course/Total: 2 (of 182)

Rank in course/Men: 2 (of 135)

Best time in course: 40:15

Rank in category: 1(of 16)

Best time in the category: 41:10