



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Fesneau, Elvina

Club: Mannheim

Number: 381

Course: 5.57 km

6 km Run

Category:

Frauen W30

Total time: 31:35

Speed: 9.50 km/h

Running performance: 5:40 min/km

Rank in course/Total: 96 (of 158)

Rank in course/Women: 20 (of 54)

Best time in course: 25:46

Rank in category: 3(of 7)

Best time in the category: 25:46