



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Pröpper, Kristina

Club: Jugendhaus Hochstätt

Number: 292

Course: 5.57 km

6 km Run

Category:

Frauen W30

Total time: 32:11

Speed: 9.32 km/h

Running performance: 5:47 min/km

Rank in course/Total: 101 (of 158)

Rank in course/Women: 23 (of 54)

Best time in course: 25:46

Rank in category: 4(of 7)

Best time in the category: 25:46