



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

Schreter, Christian

Club: Mannheim

Number: 203

Course: 5.57 km

6 km Run

Category:

Männer M20

Total time: 32:55

Speed: 9.11 km/h

Running performance: 5:55 min/km

Rank in course/Total: 108 (of 158)

Rank in course/Men: 83 (of 104)

Best time in course: 20:14

Rank in category: 7(of 8)

Best time in the category: 20:14