



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Ehrenberger, Margot**

Club: TV Bad Rappenau

Number: 315

Course: 5.57 km

6 km Run

Category:

Frauen W45

Total time: 33:41

Speed: 8.91 km/h

Running performance: 6:03 min/km

Rank in course/Total: 114 (of 158)

Rank in course/Women: 27 (of 54)

Best time in course: 25:46

Rank in category: 2(of 7)

Best time in the category: 28:45