



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Dorn, Walter

Club: Mannheim

Number: 342

Course: 5.57 km

6 km Run

Category:

Männer M60

Total time: 34:22

Speed: 8.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 117 (of 158)

Rank in course/Men: 89 (of 104)

Best time in course: 20:14

Rank in category: 2(of 2)

Best time in the category: 32:15