



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Zöller, Delia

Club: Viernheim

Number: 317

Course: 5.57 km

6 km Run

Category:

Frauen W50

Total time: 35:49

Speed: 8.38 km/h

Running performance: 6:26 min/km

Rank in course/Total: 128 (of 158)

Rank in course/Women: 31 (of 54)

Best time in course: 25:46

Rank in category: 5(of 7)

Best time in the category: 30:18