



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schuchmann, Michaela

Club: Mannheim

Number: 305

Course: 5.57 km

6 km Run

Category:

Frauen W40

Total time: 36:11

Speed: 8.29 km/h

Running performance: 6:30 min/km

Rank in course/Total: 130 (of 158)

Rank in course/Women: 33 (of 54)

Best time in course: 25:46

Rank in category: 6(of 11)

Best time in the category: 29:20