



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Weber, Sabine

Club: Mannheim

Number: 300

Course: 5.57 km

6 km Run

Category:

Frauen W40

Total time: 36:43

Speed: 8.17 km/h

Running performance: 6:35 min/km

Rank in course/Total: 132 (of 158)

Rank in course/Women: 34 (of 54)

Best time in course: 25:46

Rank in category: 7(of 11)

Best time in the category: 29:20