



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Feith, Jürgen

Club: Schriesheim

Number: 540

Course: 11.30 km

11,3 km Run

Category:

Männer M40

Total time: 46:49

Speed: 14.10 km/h

Running performance: 4:08 min/km

Rank in course/Total: 7 (of 182)

Rank in course/Men: 7 (of 135)

Best time in course: 40:15

Rank in category: 5(of 40)

Best time in the category: 40:15