



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Rosendahl, Christine

Club: TSV MA - Schönau

Number: 299

Course: 5.57 km

6 km Run

Category:

Frauen W35

Total time: 37:32

Speed: 7.99 km/h

Running performance: 6:44 min/km

Rank in course/Total: 135 (of 158)

Rank in course/Women: 35 (of 54)

Best time in course: 25:46

Rank in category: 3(of 3)

Best time in the category: 30:41