



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Korbus, Heide

Club: TSV MA - Schönau

Number: 294

Course: 5.57 km

6 km Run

Category:

Frauen W30

Total time: 37:38

Speed: 7.97 km/h

Running performance: 6:46 min/km

Rank in course/Total: 136 (of 158)

Rank in course/Women: 36 (of 54)

Best time in course: 25:46

Rank in category: 6(of 7)

Best time in the category: 25:46