



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Barth, Irmgard

Club: TSV MA - Schönau

Number: 303

Course: 5.57 km

6 km Run

Category:

Frauen W40

Total time: 38:09

Speed: 7.86 km/h

Running performance: 6:51 min/km

Rank in course/Total: 141 (of 158)

Rank in course/Women: 40 (of 54)

Best time in course: 25:46

Rank in category: 9(of 11)

Best time in the category: 29:20