



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Vogt, Jonas**

Club: Lauf AG Feudenheim Gymnasium

Number: 663

Course: 11.30 km

11,3 km Run

Category:

männliche Jugend A

Total time: 49:30

Speed: 13.33 km/h

Running performance: 4:23 min/km

Rank in course/Total: 17 (of 182)

Rank in course/Men: 16 (of 135)

Best time in course: 40:15

Rank in category: 1(of 1)

Best time in the category: 49:30