



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Müller, Alexander

Club: Kurpfalz Klüngel

Number: 517

Course: 11.30 km

11,3 km Run

Category:

Männer M30

Total time: 50:47

Speed: 13.00 km/h

Running performance: 4:29 min/km

Rank in course/Total: 29 (of 182)

Rank in course/Men: 27 (of 135)

Best time in course: 40:15

Rank in category: 2(of 6)

Best time in the category: 46:23