



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Schmitt, Claus**

Club: SV Mannheim

Number: 700

Course: 11.30 km

11,3 km Run

Category:

Männer M50

Total time: 53:31

Speed: 12.33 km/h

Running performance: 4:44 min/km

Rank in course/Total: 51 (of 182)

Rank in course/Men: 48 (of 135)

Best time in course: 40:15

Rank in category: 10(of 18)

Best time in the category: 49:36