



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Fuhrmann, Edward**

Club: TG Waldsee

Number: 683

Course: 11.30 km

11,3 km Run

Category:

Männer M55

Total time: 54:51

Speed: 12.03 km/h

Running performance: 4:51 min/km

Rank in course/Total: 67 (of 182)

Rank in course/Men: 61 (of 135)

Best time in course: 40:15

Rank in category: 3(of 12)

Best time in the category: 50:37