



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schöne, Martin

Club: Mannheim

Number: 522

Course: 11.30 km

11,3 km Run

Category:

Männer M35

Total time: 54:51

Speed: 12.03 km/h

Running performance: 4:51 min/km

Rank in course/Total: 68 (of 182)

Rank in course/Men: 62 (of 135)

Best time in course: 40:15

Rank in category: 6(of 16)

Best time in the category: 41:10