



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Da Silva Salazar, Denys

Club: Los Super Amigos

Number: 354

Course: 5.57 km

6 km Run

Category:

Frauen W20

Total time: 45:35

Speed: 6.58 km/h

Running performance: 8:11 min/km

Rank in course/Total: 156 (of 158)

Rank in course/Women: 52 (of 54)

Best time in course: 25:46

Rank in category: 10(of 10)

Best time in the category: 26:53