



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Friedrich, Jakob

Club: Mannheim

Number: 44

Course: 1.50 km

1,5 km KITZ-Lauf

Category:

männliche Schüler

Total time: 8:07

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 30 (of 52)

Rank in course/Men: 18 (of 31)

Best time in course: 5:53

Rank in category: 18(of 31)

Best time in the category: 5:53