



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Roth, Klaus**

Club: TV-Rheinau

Number: 585

Course: 11.30 km

11,3 km Run

Category:

Männer M55

Total time: 58:11

Speed: 11.34 km/h

Running performance: 5:09 min/km

Rank in course/Total: 93 (of 182)

Rank in course/Men: 85 (of 135)

Best time in course: 40:15

Rank in category: 7(of 12)

Best time in the category: 50:37