



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Geier, Marco

Club: Weinheim

Number: 526

Course: 11.30 km

11,3 km Run

Category:

Männer M35

Total time: 58:28

Speed: 11.29 km/h

Running performance: 5:10 min/km

Rank in course/Total: 95 (of 182)

Rank in course/Men: 87 (of 135)

Best time in course: 40:15

Rank in category: 9(of 16)

Best time in the category: 41:10