



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Drißler, Rudolf

Club: LG MuLi

Number: 637

Course: 11.30 km

11,3 km Run

Category:

Männer M55

Total time: 58:34

Speed: 11.27 km/h

Running performance: 5:11 min/km

Rank in course/Total: 96 (of 182)

Rank in course/Men: 88 (of 135)

Best time in course: 40:15

Rank in category: 8(of 12)

Best time in the category: 50:37