



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

Zimmermann, Marvin

Club: Mannheim

Number: 510

Course: 11.30 km

11,3 km Run

Category:

Männer M20

Total time: 58:51

Speed: 11.21 km/h

Running performance: 5:13 min/km

Rank in course/Total: 97 (of 182)

Rank in course/Men: 89 (of 135)

Best time in course: 40:15

Rank in category: 8(of 12)

Best time in the category: 47:03