



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Eberle, PAscal**

Club: Karlsruhe

Number: 508

Course: 11.30 km

11,3 km Run

Category:

Männer M20

Total time: 58:52

Speed: 11.21 km/h

Running performance: 5:13 min/km

Rank in course/Total: 98 (of 182)

Rank in course/Men: 90 (of 135)

Best time in course: 40:15

Rank in category: 9(of 12)

Best time in the category: 47:03