



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Meyer, Walter

Club: Zauberwerkstatt

Number: 577

Course: 11.30 km

11,3 km Run

Category:

Männer M50

Total time: 1:02:12

Speed: 10.61 km/h

Running performance: 5:30 min/km

Rank in course/Total: 118 (of 182)

Rank in course/Men: 105 (of 135)

Best time in course: 40:15

Rank in category: 17(of 18)

Best time in the category: 49:36